

Report on Knowledge Sharing Session “GRC Essentials For Cyber Security”

Resource Person: Mr. Himanshu Vaish, Senior Consultant and Virtual Chief, Adept Expression

Programme Title: GRC Essentials For Cyber Security

Date: 16.07.2026

Summary

The session was delivered by **Mr. Himanshu Vaish**, Senior Consultant and Vartul Chief – Information Security, Adept Expressions, who shared valuable insights into the fundamentals and practical significance of Governance, Risk, and Compliance (GRC) in the field of cybersecurity. The session focused on the importance of establishing effective governance mechanisms, identifying and managing cybersecurity risks, and ensuring compliance with applicable security standards, policies, and regulatory requirements.

The resource person explained how GRC provides a structured approach to strengthening an organization’s cybersecurity posture by aligning security objectives with organizational goals. The session highlighted key aspects such as cybersecurity governance, risk assessment, security policies and controls, regulatory compliance, risk mitigation, audit readiness, and continuous monitoring. Participants also gained an understanding of how GRC practices support organizations in identifying potential security threats, reducing vulnerabilities, and maintaining accountability across different levels of an organization.

The session provided an opportunity for faculty members and participants to understand the growing importance of GRC in the rapidly evolving cybersecurity landscape. The practical perspectives shared by the resource person helped participants relate cybersecurity concepts to real-world organizational requirements and security practices.

Event Poster:

Dr. MAHALINGAM
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Office of Research & Innovation
RESEARCH INTERSET GROUP

“Cryptography and Network Security”
Knowledge Sharing Session

Mr. Himanshu Vaish
Senior Consultant and Virtual Chief
Information Security,
Adept Expressions.

“GRC Essentials for Cyber Security”
Date: 16.07.2026
TIME: 03.30 P.M to 04.30 P.M
Venue: NPTC Main Building Hall No. 1

Organizers: Mrs. G. Saranya, AP(SS)/TT,
Mr. M. Nadeesh, AP(SS)/CSE(CS)

All are cordially Invited !!!

Collaborate, Innovate, Elevate: Research Excellence... AY 2020-21

Photos taken during the session:



S. Rukmaney

Dean R&I

Chenni

Vice-Principal

Pranav

Principal & Joint-Secretary