

Presents



A Report on One Day Workshop on “Gamification and Mindfulness in Education” Held on August 27, 2024

(A Part of TLC & SH Teaching Learning Series)

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1. Preamble of Workshop

1.1 Introduction

The Department of Science & Humanities & Teaching Learning Centre hosted a one-day workshop on "Gamification and Mindfulness in Education" on 27.08.2024. The workshop designed to enhance the young professors with recent pedagogical tools that enrich student learning experiences through gamification practices. Faculty members from various departments participated in this workshop to augment their teaching methodologies and understand the integration of these innovative approaches in classroom environments.

Venue : Hall No 12, LLC (C 203) & A 518

Organisers : Department of Science and Humanities & Teaching Learning Centre

1.2 Objectives:

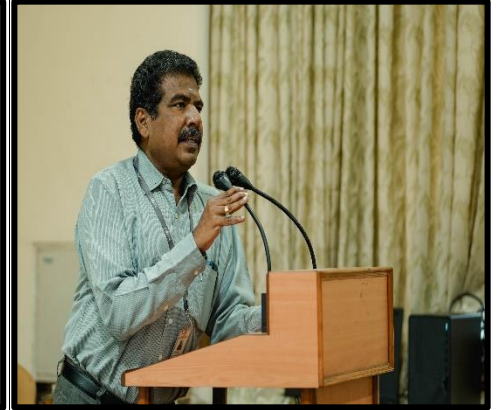
The workshop sought to:

- Explore the potential of gamification in improving student motivation, engagement, and performance.
- Highlight the significance of mindfulness in reducing student stress, improving focus, and fostering emotional well-being.
- Provide hands-on experience with tools and techniques for applying these methods in teaching practices.

1.3 Inaugural Session

The workshop began with an inaugural session at 09:30 am in Hall No 12. Ms.V.Arunadevi, AP(SS)/ English, delivered the welcome address and the workshop context was rendered. Dr. A. Senthilkumar, Dean-Academic & Autonomous, reiterated the significance of the workshop.


Then chief guest was introduced and Dr. Nagalakshmi, Professor of English at VELS Institute of Science, Technology, and Advanced Studies (VISTAS), Chennai took over the session. Dr.L.Chitra, Head of Science and Humanities, Dr.T.Ramkumar, Head-TLC, Dr.B.Saravanakumar, Programme Coordinator, S&H, TLC Core Coordinators and S&H Faculty members were present on the occasion.




Chief Guest Address

In her keynote address, Dr. Nagalakshmi highlighted the transformative potential of gamification and mindfulness in the current educational landscape. She emphasized how gamification strategies can foster student engagement by turning learning into a more interactive and enjoyable process.

1.4 Workshop Brochure



DR. MAHALINGAM
COLLEGE OF ENGINEERING AND TECHNOLOGY
Udumalai Road, Pollachi, Coimbatore District 642003
Estd. 1998 | AICTE Approved | Affiliated to Anna University




An Autonomous Institution Since 2011
(A DIVISION OF NIA EDUCATIONAL INSTITUTIONS)

Science & Humanities
&
Teaching Learning Centre


Organize

One Day Workshop on " Gamification
and Mindfulness in Education "




Dr. M. Nagalakshmi
Professor of English

**VELS Institute of Science,
Technology, and Advanced
Studies, Chennai**



**"Gamification and
Mindfulness in Education"**

27.08.2024 @ 9.30 AM
Venue: Hall No.12



One Day Workshop

1.5 Proposal

Dr.Mahalingam College of Engineering and Technology Pollachi - 642003




Department of Science and Humanities & Teaching Learning Centre

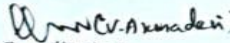
Date :21/08/2024


PROPOSAL FORM

a	Type of Program proposed to conduct	One day-Workshop			
b	Title of the program	From Boring to Booming: Gamification in Education			
	About the Program	It aims to equip educators with innovative strategies and practical tools to integrate gamification into their teaching practices. Resource Person: 1. Dr. M. Nagalakshmi, Professor of English, VELS Institute of Science, Technology, and Advanced Studies, Chennai			
c	Date	From: 27.08.2024	Number of Days : 1		
d	Number of participants for the Program	Expected	External	Internal	Total
e	Projected Receipts (Registration fees (with GST if applicable), sponsorships, etc.,	Description	Fee Per head	Count	Projected Receipts
		i	No Fee	-	-
		ii	-	-	-
		Total Receipts Rs.			
Expenses proposed for the program					
S. No	Nature of expenditure	Mode of arrangement	Quantity required	Rate / unit Rs.	Total Cost in Rs.
i	Honorarium & TA to External expert		1	8000.00	8000.00
f	Travelling expenses	By Train	1 member (To & Fro)	3000.00	3000.00
	ii Memento	-	1*500	500.00	500.00
iii	Banner & Certificate Printings (Certificate designing)	NIA Printing Division & NIA Reprography Center	Designing- 200*2 Printing (Rs.15) Charts - 10 (80) Sketch Packet - 2 (50)	415 130	545.00
iv	Refreshments		(20*70-FN) (20*70-AN)	2800.00	2800.00
Total Expenses proposed Rs.					14845.00

Note: The above expenses will be shared equally by S&H and Teaching Learning Centre.

Prepared By :  (Ms.V.Arunadevi, AP(SS)/S&H)
 Verified By :  (Ms.D.Nivetha, AP/S&H)
 Verified By :  (Mr.A.Manikandan, AP(SS)/Civil)TLC

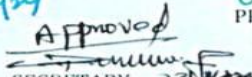

 Coordinators
 TLC Team


 Signature of Head-TLC
 [Dr.T.Ramkumar]


 Signature of HoD/S&H
 [Dr.L.Chitra]


 DEAN-AA


 PRINCIPAL

Approved

 SECRETARY

2. Deployment of Programme

2.1 Attendance Record & Bills

Dr. Mahalingam College of Engineering and Technology, Pollachi - 642003 (An Autonomous Institution) One Day Workshop on "Gamification and Mindfulness in Education" - 27.08.2024 Attendance sheet				
S.No	Name of participant	Designation	Department	FN AN
1	Dr.V.Regina Dely	Assistant Professor	S&H- Physics	
2	Ms.N.Chithra	Assistant Professor	S&H- Chemistry	
3	Ms.D.Nivetha	Assistant Professor	S&H- English	
4	Ms.N.Punitha	Assistant Professor	S&H- Mathematics	
5	Ms.B.Maheshwari	Assistant Professor	S&H- Mathematics	
6	Dr.K.Harisharan	Associate Professor		
7	Dr.T.Ramkumar	Associate Professor		
8	Mr.J.Dineshkumar	Assistant Professor	Mechanical Engineering	
9	Mr.S.V.Gurupranes	Assistant Professor	Mechanical Engineering	
10	Mr.M.Padmaban	Assistant Professor(SS)		
11	Mr.C.Radhakrishnan	Assistant Professor(SS)		
12	Mr.R.B.Rajeshkumar	Assistant Professor		
13	Mr.M.Mahendaran	Assistant Professor(SS)	Automobile Engineering	
14	Mr.A.Dhamodaran	Assistant Professor	Automobile Engineering	
15	Mr.R.Vishnu Ramesh Kumar	Assistant Professor(SS)		
16	Mr.S.Dineshkumar	Assistant Professor		
17	Ms.S.Suthaviji	Assistant Professor		
18	Mr.M.Sudharsanan	Assistant Professor	Civil Engineering	
19	Ms.S.Sharmila	Assistant Professor	Civil Engineering	
20	Ms.R.Anuja	Assistant Professor	Civil Engineering	
21	Ms.S.Devilavanya	Assistant Professor		
22	Ms.J.Santhiya	Assistant Professor		
23	Ms.K.Radha	Assistant Professor (SS)	Computer Science and Engineering	
24	Ms.A.Jayalakshmi	Assistant Professor	Computer Science and Engineering	
25	Ms.S.Gayathri	Assistant Professor		
26	Ms.S.Soundariya	Assistant Professor (SS)		
27	Ms.P.Rajeswari	Assistant Professor		
28	Ms.K.S.Sudhishna	Assistant Professor	Information Technology	
29	Ms.G.Keerthika	Assistant Professor	Information Technology	
30	Ms.S.Deepa	Assistant Professor	Information Technology	

Dr. Mahalingam College of Engineering and Technology, Pollachi - 642003 (An Autonomous Institution) One Day Workshop on "Gamification and Mindfulness in Education" - 27.08.2024 Attendance sheet				
S.No	Name of participant	Designation	Department	FN AN
31	Ms Pooja P Raj	Assistant Professor (SS)		
32	Ms S Esther Nowroji	Assistant Professor		
33	Ms M Masilamani	Assistant Professor	Artificial Intelligence and Data Science	
34	Ms V P Susamma	Assistant Professor	Artificial Intelligence and Data Science	
35	Ms R Anitha	Assistant Professor		
36	Ms.S.Dharani	Assistant Professor		
37	Ms.L.Gowrijayaree	Assistant Professor	Electronics and Communication Engineering	
38	Ms.S.Sivaranjani	Assistant Professor	Electronics and Communication Engineering	
39	Mrs.K.C.Raja Rajeshwari	Assistant Professor	Electronics and Communication Engineering	
40	Dr.G.Soundarya	Assistant Professor		
41	Ms.A.Selvanayakam	Assistant Professor		
42	Ms.N.Aarthi	Assistant Professor		
43	Mr.L.Hubert Tony Raj	Assistant Professor	Electrical & Electronics Engineering	
44	Mr.K.Kaleeswaran	Assistant Professor	Electrical & Electronics Engineering	
45	Mr.K.Manikandan	Assistant Professor	Electrical & Electronics Engineering	
46	Ms.M. Bhagavathi Priya	Assistant Professor	Electrical & Electronics Engineering	
47	Ms.M.Jotheeswari	Assistant Professor	Electrical & Electronics Engineering	
48	Ms.P.Jessie	Assistant Professor	Artificial Intelligence & Machine Learning	
49	Dr.K.Saranya	Assistant Professor(SG)	Artificial Intelligence & Machine Learning	
50	Ms.S.Clavanya	Assistant Professor(SS)	Computer Science and Engineering	
51	Mr.A.Manikandan	Assistant Professor(SS)	Civil Engineering	
52	Ms.V.Arunadevi	Assistant Professor(SS)	S&H- English	
53	Ms.K.Rajalakshmi	Assistant Professor(SS)	S&H- English	
54	Dr.R.Bhuvaneshwari	Assistant Professor(SS)	S&H- English	
55	Dr.B.Poorani	Assistant Professor(SS)	S&H- English	
56	Dr.B.Bala Vijaya Priya	Assistant Professor(SS)	S&H- English	
57	Ms.R.Vidhya	Assistant Professor	S&H- English	
58	Ms.R.Shivashankari	Assistant Professor	S&H- English	

Dr. Mahalingam College of Engineering and Technology Pollachi - 642003 Department of Science and Humanities & Teaching Learning Center Date: 28/08/2024 Settlement of Cash / Credit Bills for the Program conducted.				
a	Type of Program conducted	Workshop		
b	Title of the program	From Boring to Booming: Gamification in Education		
c	Duration	27.08.2024 & Number of days conducted - 1 day		
d	Date on which Admin Team was Approved with budget	Date : 21.03.2024		
e	Number of participants for the Program	Expected	Internal	Total
		Participated	40	40
f	Receipts (Registration fees, sponsorships, etc.,)	Description	Expected Receipts	Actuals collected
		i Registration fees (Internal members without GST)	60	60
		Total Receipts Rs.		
		Date of remittance to office :		
g	Remarks for short collection, if any			
h	Expenses incurred against approved budget	Nature of expenses	Approved Budget	Actuals incurred
		i Honorarium to Expert	8000.00	8000.00
		ii Travelling expenses - Bus	3000.00	2791.00
		iii Charts, Memento & Sketch Packet	415.00	402.00
		iv Refreshments & Dinner	2000.00	1850.00
		Total Expenses Rs.		
		14845.00	13319.00	
i	Remarks for excess spent, if any			
j Details of Bills submitted for Approval & Payment (Bill must have GST Number (both Supplier & Institution) addressed to institution)				
Nature of Expenses		Supplier	Bill No & Date	Bill value in Rs.
Bills already paid :				
i				
ii				
iii				
iv				
		Total - A Rs.		

Nature of Expenses	Supplier	Bill No & Date	Bill value in Rs.	Head wise Total (Rs.)
k Bills to be paid :				
i	Honorarium	Voucher 27.08.2024	8000.00	8000.00
ii	Travelling expenses	TTM044156378	1424.00	2791.00
iii	Charts, Memento & Sketch Packet	TTM01572776	1365.00	1365.00
iv	Refreshments	24000233	402.00	402.00
v	Dinner	23.08.2024	1850.00	1850.00
		Hotel Aryava	276.00	276.00
		28.08.2024	1850.00	1850.00
		UPI ID	276.00	276.00
		424061424886		
		27.08.2024		
			Total - B Rs.	13319.00
			Net Expenses incurred (A+B) Rs.	13319.00
l Budget Utilization				
Budget Head & No.	Budget Proposed	Fund utilized Till date	Balance available	Now requested
S&H 8a.Organising Seminar, Workshop, Conference etc.	250000.00	54533.00	188808.00	6659.00
TLC 1.Faculty Development & Training	75000.00	6058.00	68942.00	6660.00
			Total Expenses incurred for the above program Rs.	13319.00

(Thirteen Thousand Three Hundred and Nineteen only / -)

Note: The above expenses were shared equally by S&H and Teaching Learning Centre.

- All bills are verified with quantity
- All bills are certified and enclosed with approval copy
- (Entered in Advance Register page no. / Event register page no. if applicable)

Encl: 1. Bills as above
2. Approval copy
3. Stationery Utilization Certificate (if applicable)
4. Brief Report of the event conducted (with income & expenditure statement)

Prepared By : (Ms.V.Arunadevi, AP(SS)/S&H)
Verified By : (Ms.D.Nivetha, AP/S&H)
Verified By : (Mr.A.Manikandan, AP(SS)/Civil)TLC

Signature of S&H
Signature of HOD-TLC
PRINCIPAL
SECRETARY

2.2 Training Session Snap Shots



2.3 Materials & Hand Outs

POSITIVE MENTAL ATTITUDE

Answer the following question in YES or NO Only.

1. Are you aware of the kind of thoughts you think?
2. Do you know the difference between reactions and responses?
3. Do you know the difference between reactive and proactive?
4. Do you know what the Subconscious Mind is?
5. Do you know your area of expertise?
6. Are you practising the Attitude of Gratitude?
7. Most of the time, do you feel happy?
8. Do you know what positive affirmations are?
9. Do you practice any form of meditation or relaxation exercise?
10. Have you ever done the "Mental House Cleaning"?
11. Are you comfortable with the word Change?
12. If you were asked to write down your ten favourite people, would you place your name on that list?
13. Do you know what your fears are?
14. Are you not afraid of failure?
15. Do you compliment or acknowledge your family / best friend or partner more often than you complain or criticize them?

CAN YOU FOLLOW DIRECTIONS?

This is a timed test—you have 3 minutes only!

1. Read everything carefully before doing anything.
2. Put your name in the upper right-hand corner of this paper.
3. Loudly call out your first name.
4. Circle the word NAME in sentence two.
5. If you have followed directions carefully to this point, call out "I have."
6. Draw five small squares in the upper left-hand corner.
7. Put an "X" in each square.
8. In your normal speaking voice, count from ten to one backwards.
9. Put a circle around each square.
10. Sign your name under the title of this paper.
11. After the title write, "Yes, yes, yes."
12. Put a circle completely around the sentence number seven.
13. When you reach this point, LOUDLY call out, "I AM THE LEADER IN FOLLOWING DIRECTIONS."
14. Put an "X" in the lower left-hand corner of this paper.
15. Draw a triangle around the "X" you just put down.
16. On the back of this paper, multiply 703 by 66.
17. Loudly call out, "I AM NEARLY FINISHED. I HAVE FOLLOWED DIRECTIONS."
18. Draw a rectangle around the word "corner" in sentence six.
19. On the reverse side of this paper, add 8950 and 9805.
20. Put a circle around your answer, and put a square around the circle.
21. Punch three small holes in the top of this paper with your pencil point.
22. Underline all even numbers on the left side of this paper.
23. Now that you have finished reading everything carefully, do only sentences one and two!

3. Workshop Detailing

Session 1:

The first session began with an orientation on how to use an engaging activities such as Icebreaker, Warmer, and Coolers to create a positive, collaborative atmosphere among the students. The combination of icebreakers, warmers, and coolers plays an essential role in setting the emotional and cognitive tone of learners. Moreover, it can help learners mentally shift from the introductory icebreaker to the educational content in a slow manner.

Session 2

The second session focused on a team-building activity aimed at fostering collaboration and problem-solving skills among educators. Participants were divided into small teams and given an activity. This exercise promoted teamwork, communication, and creativity. This activity reinforced the importance of collaboration in educational settings and allowed participants to learn from each other's ideas.

Session 3

The session introduced participants to the Lumi App, a tool that allows educators to create interactive learning content. Participants were guided through the process of creating gamified lessons using Lumi, including quizzes, flashcards, and other interactive activities. Each participant was given the opportunity to create one's own Lumi-based learning modules. This allowed them to understand how gamification could be integrated into their teaching to enhance student engagement.

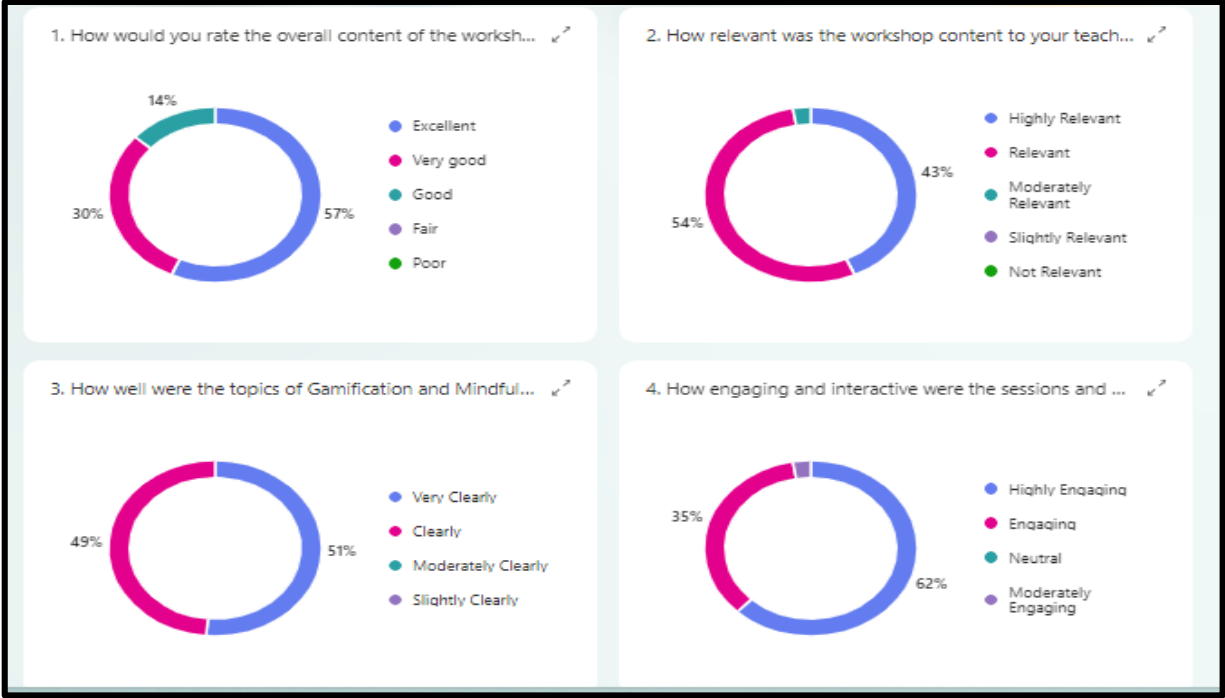


4. Valedictory and Feedback

4.1 Closure snaps



4.2 Feedback



4.3 Certificates



4.4 Closure Report

The one-day workshop on "Gamification and Mindfulness in Education" was a success, fulfilling its objective of empowering educators with innovative teaching strategies. The workshop provided participants with practical insights into how gamification can enhance student engagement and how mindfulness can foster emotional well-being in the classroom.

The event concluded with a vote of thanks delivered by Ms. S.C. Lavanya, AP (SS) / CSE, who expressed her gratitude to the chief guest, organizing committee, facilitators, and participants for their active involvement. The workshop received enthusiastic participation and marked an important step towards integrating modern pedagogical tools into the educational practices at Dr. Mahalingam College of Engineering and Technology.

Prepared by
V.Arunadevi
TLC - S&H

Approved by
Dr.T.Ramkumar
HoD/TLC

Approved by
Dr.L.Chitra,
HoD/S&H